



Map Your Health Centres



Pharmacy

📍 Address: _____

☎ Phone Number: _____



Telehealth

☎ Phone Number: _____



Community Health Centre

📍 Address: _____

☎ Phone Number: _____



Family Doctor or Family Health Team

📍 Address: _____

☎ Phone Number: _____



Walk-in Clinic

📍 Address: _____

☎ Phone Number: _____



Urgent Care Centre

📍 Address: _____

☎ Phone Number: _____



Emergency Room

📍 Address: _____

☎ Phone Number: _____

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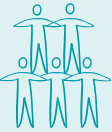
Pharmacy

A Pharmacy is where you go to buy medications and to speak with a pharmacist. A pharmacy is a good place to get health information and advice.



Telehealth

Telehealth Ontario is a free health service. You can call 24 hours a day to get confidential health advice and information from a nurse.



Community Health Centre

A Community Health Centre is a place where you can go for health treatment, education and social help. They can help you with many health and community issues.



Family Doctor

A Family Doctor is a doctor who takes care of your health in an ongoing way.



Family Health Team

A Family Health Team is a group of health care providers who work together at one place. You can meet with family doctors, nurses, and other health care providers such as social workers, dietitians or pharmacists.



Walk-in Clinic

A Walk-in Clinic is a place where you can go to get help for your health when you don't have a family doctor, or when you can't get an appointment with your family doctor soon enough.



Urgent Care Centre

An Urgent Care Centre is a place where you can go to get help when you are urgently sick or injured. You need someone to look at it right away, but it's not an emergency or life-threatening.



Emergency Room

An Emergency Room (ER) is the department in a hospital where you can get medical help in an emergency or for something life-threatening, like a car accident or heart attack.

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