



Health Matters

You and Your Pharmacist

Did you know your pharmacist can do much more than fill your prescriptions? A pharmacist can help you stay healthy in many ways.

A pharmacist can:

- ✓ Explain how to take your medicine
- ✓ Give advice about side effects
- ✓ Review your medication list
- ✓ Renew an ongoing prescription
- ✓ Give a flu shot
- ✓ Help you quit smoking
- ✓ Deliver medication
- ✓ Offer information and counselling



Your pharmacist is an important part of your health care team. Talk to your pharmacist today to take charge of your health and live healthier.



Visit ABCHealthMatters.ca
for more helpful resources.