

Take time to learn together on Family Literacy Day

Finding time to learn, even for just 15 minutes a day together with your child can be hard to do in today's hectic world. But the benefits of dedicating this time together on a daily basis, whether reading and writing, playing and exercising, or simply talking about your day, are far-reaching and beneficial for everyone.

If you haven't started putting aside 15 minutes a day for family learning, Family Literacy Day offers the perfect opportunity to start. Established in 1999 by ABC Life Literacy Canada, the initiative encourages families to participate in fun learning activities together in order to improve literacy skills for both the adult and child. It takes place annually on January 27.

ABC Life Literacy Canada encourages all Canadians to spend 15 minutes a day engaged in a learning activity with a child. Spend time as a family reading a story after dinner or at bedtime, playing a game, or doing a puzzle together. On the weekend, visit the local library for a new book or an event they are hosting. You can also make an event of going grocery shopping by writing out a list, adding up costs and counting how many of each item you need. There are so many learning opportunities in our daily lives – we just have to embrace them!

For more information, including literacy tips and activities and event listings, please visit www.FamilyLiteracyDay.ca.

230 words